

# *The* CHRONICLE

JUNE 2020

A SOCIAL PUBLICATION CREATED EXCLUSIVELY FOR THE RESIDENTS OF BEARPATH

***Congratulations, Bearpath Class Of 2020!***



**Your Stories. Your Photos. Your Community.**

# Transform your home



Before



After



Before



After



Before



After

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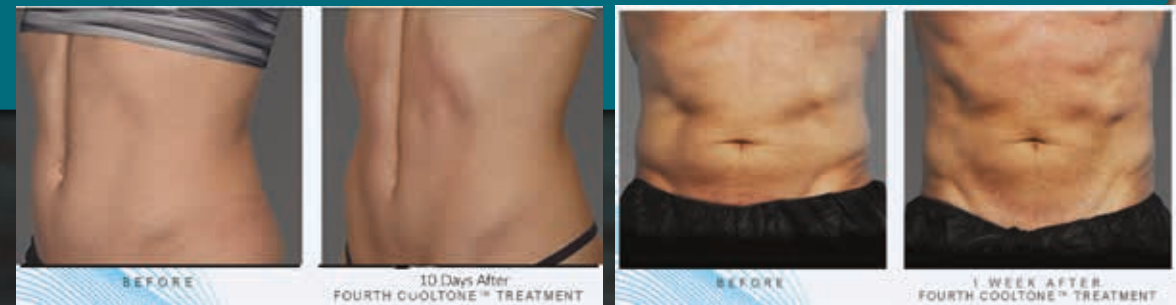
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# THE CHRONICLE NEWSLETTER TEAM & RESIDENT CONTRIBUTORS

contributors-at-large

**June 2020 contributors:**  
**Thank you, everyone!** The *Chronicle* would like to thank the following neighbors for contributing to the newsletter this month. We couldn't have put it together without you! We are always looking for residents to follow up on leads, find great stories, and send us ideas. Let's celebrate the wonderful people and great things happening in our Bearpath community! No contribution is too small. Also, if you are interested in joining the social committee to help out with content leads or ideas, please email [bearpathcontent@n2pub.com](mailto:bearpathcontent@n2pub.com) with your pictures, suggestions, or requests.



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**Tyler Van Dusen**  
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content  
director's note

# Bearpath Class of 2020



Seniors, your Bearpath community wants to help celebrate each of you during this exciting and transformative time in your lives! We know that crossing the stage and parties are what you wish you could be doing, but because of the virus, those events won't be happening. We would like to honor your accomplishments and those of others through articles in the upcoming months. Please know that everyone is very proud of you and thinking of you during this time.

Congratulations, Students & Bearpath Class of 2020!  
Best Wishes!  
*Michelle*

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young achievers

# BEARPATH class of 2020



Attention, young achievers! Would you like to be interviewed or write something about your own or your friends' accomplishments for the magazine? Email [bearpathcontent@n2pub.com](mailto:bearpathcontent@n2pub.com) to be featured!



*Ava Hall*

**Proud Parents:** Kristi and Eric Hall

**Graduating from:** Benilde-St. Margaret's High School

**Plans to attend:** College of St. Benedict

**Interests/Achievements:** Throughout high school, Ava has been recognized on the honor roll for her academic achievement. She has a passion for art and is a member of the National Art Honor Society. She has played on the Benilde girls' golf team throughout high school and also participated in the downhill ski team.

**Senior Quote:** "How lucky am I to have something that makes saying goodbye so hard."

*Ava,*  
You have filled our lives with laughter, joy, happiness and so much love! You have a kind spirit and a contagious smile. You have shown resiliency time and time again; this amazing strength of yours will guide you going forward. We are so proud of you! Go make the world a brighter place for those around you!  
Love,  
Mom, Dad, and Greta



*Emma Oyen*

**Proud Parents:** Julie and Joel Stead

**Graduating from:** Chanhassen High School

**Plans to attend:** Barrett, the honors college at Arizona State University

**Interests/Achievements:**

Varsity tennis player

Tennis captain junior and senior year

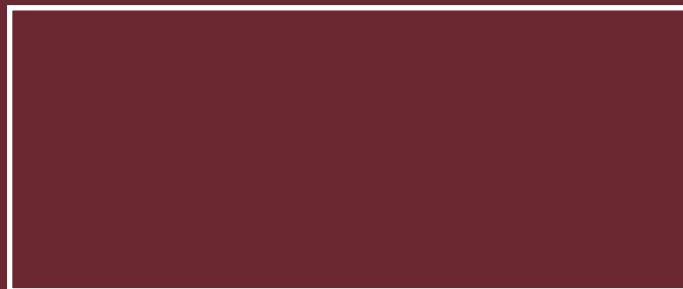
Member of National Honor Society

**Senior's Favorite High School Memory:** Going to football games with friends

*Emma,*  
Watching you grow up has been an amazing journey. You were alert and ready to rock the first few moments of your life and haven't stopped since! We are so proud of all of your achievements and of the way you have handled the many curveballs life has thrown at you. You are wise beyond your years. With this senior year not ending exactly the way you had envisioned, know this: God's plan for you is greater than anything we could ever imagine. Stay strong, beautiful girl, you are so loved. We can't wait to see your bright future unfold.

Love,

*Mom, Bonus-Dad Joel, Alyssa, Sydney, Maddie, and London*



*Jake Kaiser*

**Proud Parents:** Mitch and Allyson Kaiser

**Graduating from:** Chanhassen High School

**Plans to attend:** Gap year program in Banff, Canada then college the following year.

**Interests/Achievements:** Golf, junior gold hockey

**Senior's Favorite High School Memory:** Playing hockey, biking to the pool, golfing and celebrating holidays with neighbors, especially the McIntosh and Gannon families

*Dear Jake,*  
Your passion, curiosity, and creativity are qualities that will allow you to live boldly no matter what direction life takes you. Your resilience and tenacity will help you overcome challenges. Your spirit, compassion, and heart will keep you grounded. While we are a little sad that time stole our funny little boy, we are proud of the man you are becoming, and we are eager to watch you follow your dreams into the future. You make us very proud, and we are so blessed you are our son. Go grab the world!

We love you,  
Mom and Dad



*Ellie Holt*

**Proud Parents:** Amy and Rob Holt

**Graduating from:** Breck School

**Plans to attend:** Villanova

**Interests/Achievements:** Dance, mock trial

**Senior Quote:** "I do not dance because I am happy. I am happy because I dance."

*Ellie,*  
We are so incredibly proud of you and all your accomplishments. You are a beautiful person, inside and out! We are very excited to see where your dreams take you! We wish you happiness, good friends, new adventures, and much success in college. Follow your dreams!

Love,  
Mom, Dad, Becca, and Maizey





*Brock Daylor*

**Proud Parents:**

Pat and Jackie Daylor

**Graduating from:** Eden Prairie High School

**Plans to attend:** Boston College on the pre-law track

**Interests/Achievements:**

Throughout high school, I enjoyed involving myself in all Eden Prairie had to offer. I played on the hockey team until my senior year, where I then chose to focus on my leadership positions in our school's DECA chapter and mock trial team. I also enjoyed raising \$32,000 for Special Olympics in DECA's annual powderpuff football game.

**Senior's Favorite High School Memory:**

Winning state in DECA and qualifying for nationals

*Brock,  
Congratulations! We love you and couldn't be more proud.  
Have fun in Boston!  
Mom and Dad*



*Emma O'Connell*

**Proud Parents:** Cheryl and Jeff O'Connell

**Graduating from:** Eden Prairie High School

**Plans to attend:** Purdue University - West Lafayette

**Interest/Achievements:** I played volleyball for five years (including eighth grade), and I was named Most Valuable Player, All Lake Conference, and Academic All-State for my senior volleyball season. Throughout high school, I was a member of the National Honors Society, DECA, and French club. I worked part-time at St. Andrew Early Learning as a teacher aide, where I taught kids from ages 6 weeks to 6 years.

**Senior's Favorite High School Memory:** My entire senior volleyball season -- I loved my team, and I am so proud of everything we accomplished.



*Natalie Marie Wilson*

**Proud Parents:** Ann Marie and Tom Wilson

**Graduating from:** Chanhassen High school

**Plans to attend:** St. Olaf College in Northfield, MN

**Interests/Achievements:** Throwing captain for track and field, capstone in ceramics.

**Senior's Favorite High School Memory:** Her trip to Europe with school last summer -- the friendships she deepened as they explored Germany, Austria, France, and Switzerland. Her favorite was the Swiss Alps and the Swiss chocolate.

*Dear Natalie,*

*We are so very proud of the beautiful (inside and out), smart young women you are. As you go into your next journey of life, may you know you are a loved child of God. Life is an adventure -- go out and make yours, but come home and see us often!*

*Love,  
Mom and Dad*



*Luke Busby*

**Proud Parents:**

Tim and Jami Busby

**Graduating from:**

Eden Prairie High School

**Plans:** Playing junior hockey

**Interests/Achievements:** Luke was fortunate to be able to play in the state high school hockey tournament in front of his classmates and 19,000 fans.

*Luke,*

*We are very proud of you and your determination to never quit. You persevered through many challenges and have become a strong and resilient young man. Your future is very bright!*

*Mom and Dad*



*Ben Steeves*

Proud Parents: Glen and Allison Steeves  
 Graduating from: Eden Prairie High School  
 Plans to attend: Committed to University of Minnesota Duluth for hockey in 2021. Will be playing junior hockey in Lincoln, Nebraska (USHL) next year.  
 Interests/Achievements: Played EPHS varsity hockey and played in state final. Nominated for Mr. Hockey.  
 Favorite memory: State tournament at the Excel Energy Center

Congratulations Ben on your graduation! We are so proud of the young man you have become. Watching you grow up and seeing you work so hard in the classroom and on the ice to follow your dreams has made us extremely proud. We wish you continued success and can't wait to see you play hockey as a Bulldog while attending University of Minnesota Duluth.

Love,  
*Mom and Dad*



*Tyler de Boer*

**Proud Parents:** Jennifer Ponce de Leon and Arjen de Boer  
**Graduating from:** Eden Prairie High School  
**Plans to attend:** University of Miami School of Business  
**Interests/Achievements:** Captain of tennis team, four years, varsity tennis player  
**Senior's Favorite High School Memory:** Dudes Dance Team

*Dear Tyler,*  
 We couldn't be prouder of you, not only for your individual achievements, but the incredible person you have become with great humor, tenacity, kindness, and wisdom. We look forward to watching you continue your journey and will be here for you every step of the way. You are not only our son but a cherished friend to us. We will miss hanging out with you when you go off to school. Expect us to visit you in South Beach often! Thanks for picking a cool school for us to visit!

Love,  
*Mom and Dad*

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Russ and Bonnie Hullett



Bonnie

## making a difference

By Bearpath resident **Bonnie Hullett**

# Camp RED

## FIREFIGHTERS FOR HEALING

**Hi, neighbors! We're Bonnie and Russ, and we're writing this month to share with you all what we're up to next!**

First, we'd like to reach out and extend our heartiest wishes that your families are safe and well as we continue this COVID journey together! I know we'll come through this!

### About us

Most of you know us from the last six years of coordinating our August Bearpath charity golf tournament, Tee it Up for Campfire Tanadoona! First, thank you all for the generosity and comradery that you have shown. The response is always so overwhelming, and thanks to so many, we've accomplished great things! This year, there will be a change in the charity we are holding this event for. Tanadoona will cut the ribbon on their new, multi-use lodge in June that totally transforms the camp experience to year-round. With this amazing lodge now open, they will transfer their event to that facility in September.

So that left us with the special opportunity to open up our golf event to a charity that is not new to many of you: Firefighters For Healing! We know that given the hardships of this health crisis, it is harder to think about future events and charity. But we also understand that giving back is what we do best and that the impact is the toughest on those most in need! And there are no more generous people in the world than Minnesotans!

### About Firefighters For Healing

Many of you already know about this organization from Ron and Nancee Meuser. They have been beyond instrumental, working tirelessly for 10 years to fundraise and support this needed charity. The mission is to support children and first responders who have experienced burn trauma after a medical diagnosis as their family navigates the first hours, days and months. Firefight-



ers For Healing fills the gap between the attention hospitals can provide and the coverage provided by insurance companies. Volunteers provide meals, transportation, accommodations, camp scholarships, toys and more!

Additionally, in 2017, Camp RED opened its doors as a children's burn camp in Minnesota for burn survivors and their families. It is a place where they can fulfill the camp acronym to "Realize Every Dream"! Camp RED gives burn survivors between the ages of 6-16 the opportunity to live beyond their scars and to be kids again. It is a unique program where campers and their families feel supported by staff and other families who have shared experiences and similar injuries, feelings, fears, and concerns. Our hearts truly go out to these brave kids and their loving families!

### So, here we go!

Russ and I have been participating in the Firefighters For Healing Red Gala dinner event held each December in Minneapolis for years! Alongside our other philanthropic activities, we have always felt this one was so very worthy of support. FF4H has long dreamed of a summer event, and that is why we were so quick to transition our summer efforts as co-chairs of this event. It promises to be bigger than ever, keeping the things that have always made the day so special and adding even more surprises! For the many of you who have attended our golf event these past six years, you know that we embrace our mantra "Do Good. Have Fun!" This is a first-class outing for the golfers that starts with lunch and 18 holes of great golf. These golfers will then be joined by an equal amount

of friends who come just for the evening event. We've been told by many that this is the "party of the summer," with truly awesome food, beer, and wine all provided for your total evening experience. Additionally, they are so many great live and silent auctions, as well as many premium raffle prizes handed out at the end of the evening. It is really a full experience!

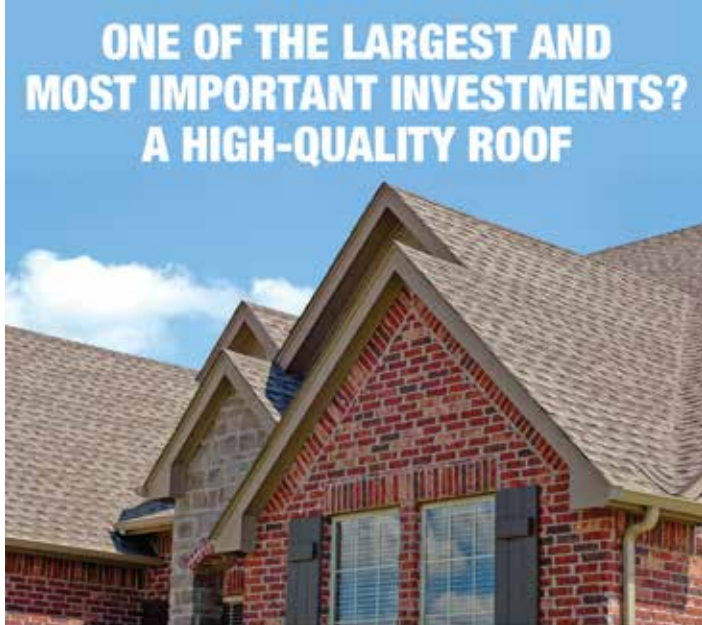
### Tell me more

We encourage everyone to take a look at their main website, [firefightersforhealing.org](http://firefightersforhealing.org), to learn more about their story and to please also take a look at [firefightersforhealing.org/golf](http://firefightersforhealing.org/golf) to sign up for the many opportunities to be a part of our golf and party event day and evening right here on our home grounds in Bearpath. There is a way for everyone to participate! So take a look, sign on, and *save the date* of **August 10** to join with your neighbors and many new friends to make this another great year for Tee It Up!

We have lived in this neighborhood for over 14 years and view this as our "forever" home. We have raised our daughter Murphy here (she still lives here and commutes to St. Kate's University each day), and the friendships are the best we have ever encountered anywhere. We are so appreciative of the support for this event and the everyday goodness the Bearpath neighborhood brings to everything! Stay safe and stay well!



**If you are a part of a charity or spend time volunteering for different organizations or just love helping people...**we would love for you to share your stories with us. Please reach out to me at [bearpathcontent@n2pub.com](mailto:bearpathcontent@n2pub.com).



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## young entrepreneurs

By Bearpath resident Tyler Van Dusen

# Tyler Van Dusen LAWN-MOWING BUSINESS

Hi, my name is Tyler Van Dusen. I live in the Bearpath community and I have a huge interest in entrepreneurship. I love to find new ways of making money, and I am up to the challenge. I am a freshman at Eden Prairie High School. This month, I will tell you about how I started to mow lawns as a business.

It all started when I was in seventh grade. I was a small kid who just wanted to make some money. One of my best friends, who I played golf with, was always bragging about how much money he made through mowing lawns. So, the next spring I started to look for some possible clients. At this point, I had no lawnmower. The only thing I did have was a small weed wacker and a small blower. I had gone to many different houses and got no response or they already had a company. One night, my mom came back from the club, and she said, "I found you someone!" I jumped out of my seat and was wondering if she was joking. She said that the Des Lauriers wanted and needed a lawn service. I was so happy that I finally found a client.

The very next week, my mom and I went to look for a lawnmower. We decided to go to Prairie Lawn and Garden. We found a Toro Recycler. It was brand new, and it was shiny red. I was very happy until I found out what the price was. My dad and I struck up a deal that I would pay for half. I was

happy the whole ride home and could not wait to finally use it. The next week, I had started to mow lawns and was excited and nervous. I was finally doing it, making money and having fun. Throughout the summer, I made over \$600. I broke even and made a profit and could show my friend that I can also make money.

I had big plans for the next summer and a big paycheck. I started to canvass from house to house, looking for some yards to mow. I found my next-door neighbors disliked their lawn service. My dad also had the same company, and they did a poor job, just sloppy and messy. For the last few years, I have been working on earning our job of mowing the lawn at our house. Finally, my dad agreed to turn the job over to me. So, I swooped in and got their business. I also got my neighbors, the Rosses', and I was as excited as they were about mowing their lawn. This year, I will be making double the money! Last year was good for my lawn business, even though it was filled with many different surprises. There were a few maintenance issues with my lawnmower that I had to take care of. Nevertheless, I finished the year happily, and I am grateful for my customers in the neighborhood. I have even bigger plans for the 2020 season.

I had a lot of fun mowing these two yards and hope to get them again this year. For this upcoming year, I am

looking forward to this summer and always looking for more business. I love starting from scratch with just a couple of clients. That way, I can always serve their needs by mowing their lawns to perfection. In years to come, this will be my story, and I'm sticking to it! Come on spring, may your yards be full of lush green grass!



Do you have a young adult who is driven to excel? Share their story with us by emailing [bearpathcontent@n2pub.com](mailto:bearpathcontent@n2pub.com) to have them featured in a future issue!

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athlete of  
the month

By Bearpath resident  
Tristian Fjelstad



# Tristian Fjelstad

**Name:** Tristan Fjelstad  
**Age:** 20  
**School:** University of St. Thomas  
**Sport:** Tennis - singles and doubles

#### How long have you played tennis?

I started lessons at 8 years of age.

#### Who are your mentors?

There's two who stand out...Raj Keswani and Isaac McBroom. Coach Raj was always a positive influence, very upbeat and cheerful, very positive attitude. Coach Isaac was tougher; he didn't let us slack off, and he pushed us hard to train hard, compete hard.

#### Who do you idolize in this sport?

Hands down, Roger Federer. He makes tennis look effortless, and he's really gracious, whether he's wins or loses. A great role model.

#### What have you learned from participating in this sport?

My parents always encouraged me to try multiple sports. Soccer, golf, baseball...I enjoyed them all, but at about 10 years of age, I decided that I was going to devote my time to being the best tennis player I could be.

Being a competitive tennis player has taught me valuable skills. I've had to learn to be disciplined and dedicated; I've worked very hard on mental and physical toughness...12 months a year, six days a week we practiced, sometimes before school, always after school and on the weekends. I had to learn to balance school, homework, sleep, and since, as my mom would say, I'm somewhat of a social butterfly, and I needed to find a way to spend downtime with my family and friends. Luckily for me, most of my best friends also participated in tennis with me.

Something else I've learned is to win and lose graciously. After a tennis match is over, it's tradition that the players meet at the net

and shake hands. There are only one winner and one loser, and I've been on both sides; it can be hard to congratulate and shake the hand of someone you just lost to, but tennis teaches us to be good sports win or lose.

#### What do you like most about the sport?

I think there's a misconception that tennis isn't a very hard or physical sport, but it takes a lot physically, especially if you're playing singles. Throughout the years, I've had to deal with many tennis-related injuries, and I've had to sit out many tournaments/competitions due to injuries sometimes for months, and as I'd sit on the sidelines cheering my friends on, I would always be thinking I wish that was me out there! That's what I like -- even with setbacks, it's a passion for the sport that I didn't want to give up.

Tennis can be very physical. I really enjoy the workout I can get from an intense tennis match. And tennis is a very mental sport. There are shot selections and patterns that we practice and learn. It challenges me physically and mentally.

I also like that it's a lifelong sport...and it can be very social.

#### What do you plan on doing after graduation?

After high school graduation, I knew I wanted to continue competing in tennis, so I am still playing in college. After college, I think my parents would like it if I got a job and became an "adult." I'll probably still play tennis but at a more casual level.

#### One tip for someone looking to get into this sport:

I'd say to parents...start your children young and learn the game yourself; it's a sport the whole family can enjoy together.



If you or anyone you know in your neighborhood participates in a sport, get featured in an upcoming issue. For more information, please email [bearpathcontent@n2pub.com](mailto:bearpathcontent@n2pub.com).

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## sponsor spotlight

By Michelle Toll



# PRAIRIE HEALTH COMPANION

## Mary Battista

### Meet Mary Battista of Prairie Health Companion!

Mary lived in Boston until she was 8 years old when her family then moved to Madison, WI. She attended UW-Madison and earned her degree in physical therapy. From there, she lived in Houston while doing her internship. Mary met her husband Steve after she moved for a job. He was in medical school, so they moved around a lot for his fellowships. They have lived in Minneapolis now for 29 years. They have four children. Their oldest, Christopher, is an ER doctor, Stephanie teaches Spanish III in high school, Meggie is a nurse practitioner in Chicago, and their youngest, Juliana, is a freshman at St. Benedict. Christopher and Stephanie both got married this past year.

Having a career in physical therapy, Mary's focus was on patients needing rehabilitation after a stroke or a heart attack. There are many aspects of life that patients need to change in order to lower their risk factors. Mary enjoyed helping them make changes to their diet, create exercise plans, and manage their stress.

Her motivation for Prairie Health Companion began after reading a health coaching article. She looked into it further because she liked the aspects of prevention and creating healthy and positive

habits. Mary earned her 1-year certificate as a health and wellness coach through the Institute of Integrative Nutrition.

In 2012, Mary got her cert as a personal trainer through the American College of Sports Medicine. In 2017, Mary was part of the first cohort in the country to receive national board certification as a health and wellness coach NBC-HWC. Over the years, she has obtained other certificates focusing on different aspects of health coaching as well as fulfilling her continuing education credits needed for physical therapy and CPR every three years.

Mary created and opened Prairie Health Companion in 2011. Her passion is to help people live the lives they want and to help them create healthy habits for life. She provides private health coaching to both individuals as well as couples. Mary teaches healthy habits, provides seven healthy cooking classes that focus on healthier options, as well as leads tours for healthy grocery shopping.

Her weeks are normally quite busy with coaching, tours, cooking classes, workshops and dealing with the business aspects of Prairie Health Companion. However, because her family is



her priority, she is able to have her schedule reflect that. Mary is empowering and modeling for her kids how fulfilling it is to be a part of something that impassions them. You can only imagine how skilled she has become with her time management!

Prairie Health Companion is unique in its collaboration with clients. She taps into them to see what works and how she can motivate them to overcome ambivalence. She encourages and supports the idea of evolution – changing a little bit at a time, encouraging self-efficacy and making the process engaging. Mary and her clients work in terms of three-six months to help their new way of thinking become an everyday habit.

There are three pieces of advice Mary would like to give us. First, we need to listen to our bodies by slowing down and being more mindful. Second, finding movement activities we love and do them on a regular, daily basis. Third, eat whole, natural foods. These are self-limiting, and we don't eat too much because they signal our body when we are full.

Prairie Health Companion offers a one-hour free consultation for individuals or couples. Mary offers cooking classes and grocery store tours for anyone interested, not just her clients.

Normally, Mary meets with her clients in her home office in Eden Prairie. During this time of social distancing, she is thankful to be able to continue meeting via video-conferencing. If this is something that interests you or you'd like to find out more about, please visit the website at [www.prairiehealthcompanion.com](http://www.prairiehealthcompanion.com), call **612-810-2247** or email [mbattista@prairiehealthcompanion.com](mailto:mbattista@prairiehealthcompanion.com). *You don't need to wait; contact Mary now!*



If you are a business owner who lives in the neighborhood and would like to feature your business in an upcoming issue, please email [bearpathcontent@n2pub.com](mailto:bearpathcontent@n2pub.com) for more information.



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